

THE CROOKED CANES

HIKING SCHEDULE FOR JULY - AUGUST 1986

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KEEP SMILING

JULY 1986 SCHEDULE

<u>RATING</u>	<u>DATE</u>	<u>DESTINATION</u>	<u>LEADER</u>	<u>RATING</u>
?	July 3	<u>SHELVING ROCK</u>		1
		Be prepared for anything on this outing. We may hike, swim, nap, etc. We'll decide at the trailhead.		
4	July 10	<u>SPECTACLE POND BY SCHROON LAKE</u>	Grace Hudowalski	2
		A nice walk to a beautiful pond. Our leader is the first woman to climb all 46 high peaks and is a legend in the Adirondacks.		
?	July 17	<u>VAN DER WERKER CAMP NEAR NEWCOMB</u>	Efner & Evelyn	4
		Efner and Evelyn Van Der Werker will lead us on a hike after which we'll have a covered dish lunch at their camp. <u>YOU BRING THE COVERED DISH.</u>		
2	July 24	LEDGE HILL <u>CHANGED TO HOUR POND</u>	Edythe Robbins	
		A walk along a ledge by the Northway north of Pottersville.		
3	July 31	BLUE LEDGES <u>CAMP SAGAMORE</u>	Pat Collier ^{CHUCK BENNETT}	
		A walk to the Hudson Gorge where slate-blue cliffs stand out over the Hudson. About five miles round trip.		

RATINGS

- 1..Over four miles and hilly
- 2..Under four miles and hilly
- 3..Over four miles and relatively flat
- 4..Under four miles and relatively flat

AUGUST 1986 SCHEDULE

<u>DATE</u>	<u>DESTINATION</u>	<u>LEADER</u>
August 7	SLEEPING BEAUTY MOUNTAIN <i>RAIN</i>	Pat Collier
	If the day is clear we'll have views of Vermont, the High Peaks and part of Lake George.	
August 14	<u>WILLARD MOUNTAIN</u>	Fred MacMaster
	Willard Mountain is a ski mountain in the Easton Area across from the Saratoga Battlefield.	
August 21	<u>GRIZZLE OCEAN</u>	Edythe Robbins
	1.9 mile one way. Grizzle Ocean is a little pond in the Pharaoh Lake Area.	
August 28	<u>HOFFMAN NOTCH FROM THE SOUTH</u>	Ginny Durso
	We'll hike into Hoffman Notch from the southern end. We'll go part way in and return to the starting point.	

RATINGS

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- 2..Under four miles and hilly
- 3..Over four miles and relatively flat
- 4..Under four miles and relatively flat



MAN OVER MOUNTAIN — West from the main peak of Jay Mountain

Clinton H. Miller, Jr.

The Upward Call

STORY BY FRED A. JOHNSON

High on a secluded summit, in the High Peak region of the Adirondack mountains, sits a lone hiker.

It was no easy task to get to this deserted peak, but the memory of the struggle fades quickly. The panorama of a gigantic valley that was sculptured by a force greater than any, unfolds before you. The only sound is that of the wind as it whistles through the trees below . . . and that of your own heart, as it pounds from the effort it took to get to this magnificent high place. The magnitude of the view cannot be captured on film nor can it be expressed in words. One has to put forth the effort, and Mother Nature rewards with a view that has stood for eons of time.

A lone raven soars overhead and screams at the intruder, as his shadow falls on the snowcapped summit.

At times like this you are alone with your thoughts. There is something spiritual about being on a mountaintop. You are alone, and yet you are not alone. You feel a closeness to your Creator and a spiritual uplifting. You feel tired from the climb, and yet you feel rejuvenated and excited from your accomplishment. Each mountain is unique unto itself, each rewards you in a different way.

The time spent on the pinnacle of a mountain passes all too quickly, and the time has come to leave this high place. As you descend, your journey back to reality begins. At the base of the mountain you pause. Looking back you know you will return, again and again, to feel that special inner feeling that only those who climb, are rewarded with.